

Attachment C

Operational Plan of Management

Operational Plan of Management for 100 Joynton Street, Zetland (7-8-19)

Child and Family Service (CAFS) was located at the Alexandria Public School in a leased building. Due to the redevelopment of the school and a scale back in the amount of temporary space allocated for CAFs, the service has been dispersed across various Child and Family clinics within the Sydney Local Health District (SLHD). Sydney Local Health District has been advised that the school redevelopment program will take approx. five years. This means the local community will not have access to the full range of Child and Family services as they will not be offered locally. In order for SLHD to maintain and develop new linkages with the local community it is necessary to explore further location options. The proposed new CAF will house the following services:

- Counselling
- Early Childhood Social Work
- Occupational Therapy
- Physiotherapy
- Speech Pathology
- Child and Family Health Nursing
- Nutrition and Dietetics
- Paediatric Medical Officers

These services provide assessment, therapy and support for local families with children aged 0-5 years.

Child and Family Allied Health professionals, which include Social Workers, Psychologists, Occupational Therapists, Physiotherapists, Speech Pathologists and Dietitians work with children aged 0-5 years. These children may be having difficulties with their motor, communication, feeding, growth, social, behavioural and emotional development. Professionals work collaboratively with families to improve the child's skills. Services are flexibly tailored to meet individual needs and are offered through face-to-face individual appointments, pairs or groups; teleconferencing or email; these may be accessed at the centre, in the family's home, through an education setting or other local community centre.

Parental services are provided by Child and Family Health Nurses to parents with children from newborn to age 5 years. These services include: health, development and wellbeing checks; information and support regarding breastfeeding; infant feeding and nutrition; sleep and crying patterns; adjusting to parenting, growth and development; infant and child behaviours along with safety and parental wellbeing and parent groups. Parent groups are offered to new parents in the local area to learn about parenting and child development and meet other parents in the local area with new babies.

The Centre operating hours are Monday to Friday from 08:00am – 17:30pm. Appointments are predominantly booked in advance. There will be a minimum of 1 group per week comprising 15 adults and their babies. Workshops after business hours are conducted infrequently (approximately 2-3 times per year), these are specifically for clients that are working, and will finish by 8:30pm.

Staffing and Client Numbers

- At any one time there may be up to 5 staff comprising predominantly nursing staff supported by administration, medical/allied health staff and students.
- Additional staff based in the community home visiting may frequent the centre intermittently.
- Maximum capacity of clients accessing onsite services at a given time is forecast at 30